

LAPPE NORDIC SKI CLUB RACING PROGRAM DESCRIPTION AND FINANCIAL POLICY

The Lappe Nordic Ski Club Racing Program is designed for skiers aged 14 and up competing at the provincial and national level as well as serious loppet and masters skiers.

Program Description:

The Lappe Nordic Ski Club Racing program is a complete year-round training and racing program for skiers 14 and up who have completed the Midget Ski Team program* or reached a comparable level of skiing and training. The program provides skiers the opportunity to develop their skiing skills with physical conditioning and proper skiing techniques.

The program also promotes goal setting that may eventually lead skiers to be selected to the Ontario Ski Team and the National Development Center. The Racing Team will travel and compete at the Nationals, Eastern Canadian Championships, Ontario Cup Series, as well as participate and support local racing in Thunder Bay. There will be special events and camps offered throughout the year.

* Skiers under 14 may be considered for this program at the coach's discretion.

The Club will provide coaching and race support as follows:

Support for Athletes:

1. Racers will be provided with year round training programs.
2. Organized practices will be held 1 to 4 times per week throughout the year.
3. The program includes 1 summer and 1 winter training camp.
4. Racers will have coaching and race support including waxing at events approved by the Club's Executive.

Principles and Values Statement:

Athletes, or the parent or guardian of an athlete under 18, must sign the Club's Principles and Values Statement.

Parent Support:

Athletes 13 years old and under as of December 31 of the race season should be accompanied by a parent on trips. If a parent is unable to travel the parent may arrange with another parent/adult attending the trip to substitute as the child's parent. To ensure that the team has sufficient support, this arrangement must be communicated and approved by the trip leader prior to travel arrangements being completed.

Chaperone Policy:

In the event that there are both male and female athletes under the age of 18, on a trip, there will be a male and a female adult to supervise and assist the athletes. An exception to this rule is that a parent or guardian of an athlete may take on a supervisory role for that athlete regardless of gender.

Athlete Costs at Events:

- The costs for authorized coach's (es') travel, transportation, accommodation and banquet costs will be shared 100% among participating athletes.
- Athletes will be charged a fee for waxing with waxing materials provided by the Club. The wax fee will be published on the Lappe website in the document that also lists program fees.
- Athletes will be responsible for 100% of all their personal costs, including but not limited to travel, transportation, accommodation, and banquet.

Club Reimbursement of Athlete Costs at Events: (based on eligibility and availability of funds)

1. The Club will reimburse each eligible athlete up to 50% of that athlete's portion of the costs associated with the coach(es).
2. Once, all eligible Club athletes have been considered for funding for the coach(es), the club will reimburse each eligible athlete up to 50% of his/her personal costs for travel, transportation, accommodation, and registration fees.

Eligibility for Club Funding:

Funding to cover a portion of athlete personal costs for travel, transportation, accommodation and registration as well as a portion of the costs for coach(es) will be available, funds permitting, only for athletes who meet all of the criteria below:

1. Athlete must be a member in good standing of the Club and enrolled in one of its racing programs;
2. Athlete must be under 18 or, if enrolled in post-secondary education with a minimum course load equivalent to 3 full-time full year courses, under 23;
3. Athlete (or a family member) must provide volunteer hours to, at a minimum, satisfy the volunteer bond.

Accounting and Reimbursement:

Statement of accounts will be produced for each athlete on February 28 and April 30. This will include costs associated with coach support and wax charges for events up to February 15 and April 15, respectively. Athletes not eligible for club reimbursement are required to pay outstanding balance within 10 days of receipt of statements.

In order to be considered for reimbursement for Athletes' Personal Costs, athletes must produce a statement of expenses with receipts:

1. by February 28 for events up to February 15;
2. by April 30 for events between February 15 and April 15.

Club reimbursement of Athlete Costs at Events, for eligible athletes, will be finalized no later than May 31.