



The Fresh Air Series

Several Thursday Nights @ Lappe

with fun race formats

Fresh Air is once again sponsoring the Fresh Air Series of races at Lappe. The race series takes place Thursday evenings with registration closing at 6:30 p.m. and race start at 7:00 p.m.

The cost to participate is \$10⁰⁰ per race or \$25⁰⁰ for the season (cash only please) for participants not registered in Lappe programs. For those enrolled in any Lappe program, there is no additional fee beyond the program fee. Weather permitting, we should get in a number of weeks of racing. Visit Lappe's web site www.lappenordic.ca for specific race details, including any notice of cold weather cancellations, as the season progresses.

Prizes Every Race!

Prizes from our sponsor, **Fresh Air**, will be awarded based upon a random draw from among race participants and volunteers at each race.

Be **ON** Time (or early)

Registration will close at 6:30 p.m.

Each evening's race will begin at 7:00 p.m.

We will **NOT** register anyone for a race past 6:30 p.m. so that we can produce a start list and get bibs distributed to be able to start the race on time.