



22nd ANNUAL

24 HOUR SkiLAY

LAPPE NORDIC CENTRE

March 30 and 31, 2019

8 Hour Relay from 11:00am to 7:00pm on Saturday

24 Hour Relay from 11:00am on Saturday to 11:00am on Sunday

> 8 & 24 Hour Relays

Ideal for individuals, families, youths, corporate teams and workplace challenges

> Don't Miss Out!

Prizes for Distance and Fundraising
Saturday Pot-Luck Dinner
Sunday Breakfast of Champions

For more information and to download rules & pledge forms visit:

www.ntdctbay.ca or www.lappenordic.ca | Early Bird Registration until March 14

Online Registration: www.Zone4.ca (deadline March 28)

In support of the National Team Development Centre and the Lappe Nordic Ski Club

