



Lappe Nordic Ski Club Presents

# Women on Skis

Nordic Ski Day 2019



\*OUTDOOR FUN AND FITNESS! \*IMPROVE YOUR SKI TECHNIQUE! \*HEALTHY HOMEMADE LUNCH! \*GREAT DRAW PRIZES!\*

**Sunday, February 10<sup>th</sup> at the  
Lappe Ski Centre  
10 am – 3 pm**

No previous experience necessary!

Registration fee: \$60 (includes trail pass & lunch)  
Ski rentals available at an additional \$15/set (classic or skate)

Register online now at [www.zone4.ca](http://www.zone4.ca) (type "Lappe" in search field)  
Registration closes February 3<sup>rd</sup> or when registration is full!

*For more information email Marlene at [marlene@wandel.ca](mailto:marlene@wandel.ca)*

**Many thanks to our wonderful sponsors!**