

LSSD OCup #2

January 4, 5 and 6 2019

Draft Order of Start for all Days 2 and 3
Revised Friday January 4 at 7:30 pm



Day 2 – Interval Start Free

Category		Start Times
Mini-Midget Boys	2.5 km	10:00:15
Mini-Midget Girls	2.5 km	10:02:45
Midget Boys	3.5 km	10:11:30
Midget Girls	3.5 km	10:15:00
Open Women	2 X 3.75 km	10:38:00
◆ Jr Girl; Junior and Senior Women; Master Women		
Open Men	2 x 5 km (Red Course)	11:28:00
◆ Jr Boy; Junior and Senior Men; Master Men		
Juv Boys	5 km (Blue Course)	12:20:00
Juv Girls	5 km (Blue Course)	12:28:00

* Mini-Midget/Midget 15 sec interval; All others 30 sec interval

Day 2 Award Schedule

Awards Schedule:

- | | |
|----------------------------|-------|
| ◆ Mini-Midgets and Midgets | 11:15 |
| ◆ Open Women | 12:00 |
| ◆ Open Men and Juv B/G | 13:15 |

Day 3 – Mass Start Classic

Order of Start

Category		Approximate Start Times
Open Men*	3 X 5 km (Red Course)	9:30
◆ Junior and Senior Men; Master Men		
Open Women*	2 X 5 km (Red Course)	10:15
◆ Junior and Senior Women; Master Women		
Jr. Boys	2 X 3.75 km	10:55
Juv. Boys	2 X 3.75 km	11:00
Jr. Girls	2 X 3.75 km	11:25
Juv. Girls	2 x 3.75 km	11:30
Midget Girls	5 km (Blue Course)	12:05
Midget Boys	5 km (Blue Course)	12:10
Mini-Midget Girls	2.5 km	12:30
Mini-Midget Boys	2.5 km	12:35

Day 3 Awards

Awards Schedule:

- | | |
|----------------------------------|-------|
| 🟢 Open Men and Women | 11:15 |
| 🟢 Jr B/G and Juv B/G | 12:30 |
| 🟢 Mini-Midget B/G and Midget B/G | 13:00 |