



YOUTH PROGRAMS

RECREATION, FITNESS, SKILL-DEVELOPMENT, RACING
AND CROSS-COUNTRY SKI FUN FOR THE WHOLE FAMILY



RECREATIONAL SKIING (Dec-March)

Adventurers-ages 10-14, Sat (11-12:30) and Thurs (6-7:30pm) \$110 or,
Sat only \$80

Recreational Technique- ages 15+, Sat 1-2:30, \$110



TRACK ATTACK (Sept-March)

Ages 10, 11 and 12. Sat (11-12:30) and Thurs (6-7:30pm). Skiers who have
completed Jackrabbits and are ready for the next step. \$210

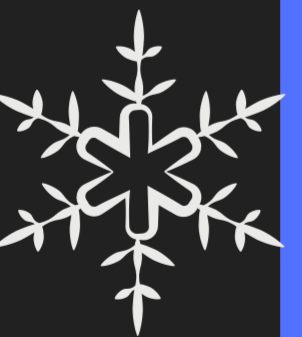


RACE AND TRAINING TEAMS (with Head Coach)

Midget-ages 12, 13, 14. Twice/week. Sept-Apr. \$375

Junior- ages 14-19. Tues, Thur (6-7:30pm) and Sat (9:30am-11:30). Full year \$625

Youth-ages 14-19. Sat (9:30-11:30). Sept-Apr. \$250



SUPER SATURDAYS

Ages 7-14. An add-on program that encourages youth to ski for fun with
friends. A game based session held 5 Sat afternoons (1-2:30) in the winter. \$30

Club Memberships: Single \$25, Couple \$45, Family \$55. Affiliation fees: \$20/ program participant
Lappe Nordic Ski Centre provides trail pass options

GET ACTIVE OUTDOORS WITH LAPPE NORDIC SKI CLUB

WWW.LAPPENORDIC.CA