

2018/2019 Lappe Nordic Membership and Program Fees

revised November 5 2018

	Cost	Period	Days of Week	Ages	Start Date
Club Membership					
Individual	\$25.00	Full year			May 1
Couple (same address)	\$45.00	Full year			May 1
Family (same address)	\$55.00	Full year			May 1
Cross Country Canada / Cross Country Ontario / LSSD membership					
Insurance and affiliation	20	Full year	Required to register in a program.		May 1
Programs					
Bunnies	\$55.00	December- March	Saturdays	3-5	Dec 8
Jackrabbits - one day a week	\$80.00	December- March	Saturdays	5-9	Dec 8
Jackrabbits - two days per week	\$110.00	December- March	Thursday and Saturday	5-9	Dec 6
Kids Running Wild Spring	\$55.00	May-June	Thursdays (x6)	6-14	May 17
Kids Running Wild Fall	\$80.00	September- November	Thursdays (x10)	6-14	Sep 8
Adaptive (with equipment)	\$110.00	December-March	Saturday Afternoons	6-13	Jan19
Adaptive (no equipment needed)	\$60.00	December-March	Saturday Afternoons	6-13	Jan19
Adventurers - one day per week	\$80.00	December- March	Saturdays	10-14	Dec 8
Adventurers - two days per week	\$110.00	December- March	Thursday and Saturday	10-14	Dec 8
Super Saturdays	\$30.00	December - March	Saturday afternoon (x6)	7-14	Dec 15
Track Attack	\$210.00	September - March	Sep - Nov: includes Thurs (KRW) and some Sats, Dec-March: Thurs and Sat	10, 11, 12	Sep 8
Midget Team	\$375.00	May- April	Sept - Nov: Thurs and Sat, Dec-April: Tues, Thurs and Sat	12, 13, 14	Sep 8
Youth training team	\$250.00	September- March	Saturdays	12-19	September 8
Junior Race Team	\$625.00	May-April	Tuesday, Thursday, Saturday	14-19	May 1
Senior / Master Race Team (Full Year)	\$625.00	May-April	Tuesday, Thursday, Saturday	20+	May 1
Senior / Master Team (Fall, Winter)	\$450.00	September - March	Sept - Nov: Thursday, Saturday, and Dec - Apr: Tuesday, Saturday	20+	Sep 8
Fall Dryland	\$200.00	September-November	Thursday, Saturday	20+	Sep 8
Senior / Master Team (Winter)	\$275.00	December-March	Tuesday, Saturday	20+	Dec 8
Get Fit	\$180.00	December-March	Saturdays	20+	Dec 8
Recreational Technique	\$110.00	December-March	Saturday Afternoon	15+	Dec 8
Adult Learn to Ski 1	\$60.00	January	Saturday 1-2pm, 4 sessions	17+	January 5
Adult Learn to Ski 2	\$60.00	February	Saturday 1-2pm, 4 sessions	17+	February 2
Wax Fees (per pair of skis/ per race waxing)					
Advanced	\$25.00				
Basic	\$10.00				