



Lappe Jackrabbits 2017-2018



Jackrabbit Program Schedule

- Saturday, Dec 9** Ski Session #1, Launch! Lappe Jackrabbits Program
- Thursday, Dec 14** Evening ski session and Fresh Air Series Fun Race
- Saturday, Dec 16** Ski session #2
- Thursday, Dec 21** **Winter Solstice Ski Party and Potluck**, Regift
- Tuesday, Dec 26** Boxing Day ski races 1 pm
- Saturday, Dec 30** Ski Session #3
- Thursday, Jan 4** Evening ski session
- Saturday, Jan 6** Ski session #4
- Thursday, Jan 11** Evening ski session and Fresh Air Series Fun Race
- Saturday, Jan 13** Ski session #5 and **Lappe Invitational**
- Thursday, Jan 18** Evening ski session
- Saturday, Jan 20** Ski session #6
- Thursday, Jan 25** Evening ski session and Fresh Air Series Fun Race
- Saturday, Jan 27** Ski session #7
- Thursday, Feb 1** Evening ski session
- Saturday, Feb 3** Ski session #8
- Thursday, Feb 8** Evening session
- Saturday, Feb 10** Ski session #9
- Thursday, Feb 15** Evening ski session and Fresh Air Series Fun Race
- Saturday, Feb 17** Ski Session #10 – final organized Saturday session
- Monday, Feb 19** Family Day – will you be skiing with your family?
- Thursday, Feb 22** Evening session
- Saturday, Feb 24** **Kamview Jackrabbit Sprints and Games**

LAPPE NORDIC SKI CLUB

Jackrabbits Coordinator: Fiona McKenna mckennafiona4@gmail.com

Head Coach & Program Developer: Kevin Shields kshields.lappe@gmail.com

Website: <http://www.lappenordic.ca/>

Facebook: <https://www.facebook.com/groups/lappenordic/>

Instagram: @lappenordic

Lappe Snow Phone 767-2423



Lappe Jackrabbits 2017-2018

Post-Jackrabbits Ski Activities (one more month of spring skiing!)

- Thursday, Mar 1** Evening Session and Fresh Air Series Fun Race
Saturday, Mar 3 **Sleeping Giant Loppet** for everyone!
- Saturday, Mar 10 -17** **Ski Nationals** – Everyone invited to cheer or VOLUNTEER!
Sat-Sun, Mar. 24-25 **24-12-6 Hour Relay at Lappe** – join a team!
- Saturday, April 7** **Run and Ski Race** and Kilometre Board Wind Up party

Jackrabbit Potluck and Evaluations event details to be determined



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