

## February 1, 2012 – Lappe Nordic Ski Club

### Fresh Air Series Obstacle Course Race

#### Head to Head Results

The format for the 800m obstacle course race included a time trial followed by head-to-head heats each with a pursuit start.

The time trial determined the times for each athlete to finish. These times are used in determining points earned in the Fresh Air Series races. Each point is a chance in the draw for prizes at season end.

The times were also used to determine which racers would go head-to-head, and the relative times determined how many seconds behind the slower racer the faster racer would start.

The following are the results of the heats:

Heat	Racer 1	Time Delay	Racer 2	Winner
1	Werner Schwar	2.5 s	Evan Palmer-Charrette	Werner
2	Keith Ailey	8 s	Brady Harkonen	Keith
3	Patrick Martel	2 s	Paul Inkila	Patrick
4	Laura Inkila	4 s	Kelly Henry	Kelly
5	Fiona McKenna	1 s	Tessa Schwar	Fiona
6	Eddy Schwar	16 s	Marilyn Ailey	Marilyn
7	Sarah Cuddy	12 s	Stephanie Marler	Sarah
8	Cedric Martel	13 s	Simone Poulin	Cedric
9	Daphne Martel	15 s	Anna Schwar	Daphne
10	Charlotte Ailey	30 s	Brook Ailey	Brook